

Using LiveHealth Online, your employees can see a board-certified doctor or psychiatrist or licensed therapist through live video on their smartphone, tablet or computer with a webcam. LiveHealth Online is quick, easy to use and will help your employees get the care they need when they need it. All they have to do is sign up online or use the free mobile app to access:



## Board-certified doctors.

English speaking doctors are available on demand 24/7 with no appointments or long wait times! Doctors on LiveHealth Online can assess an employee's condition, give medical advice and even send prescriptions to the pharmacy of their choice, if needed.1



## Licensed therapists or board-certified psychiatrists.

If they're feeling anxious or have trouble coping on their own, employees can talk with a therapist online. In most cases, they can set up a visit and see a therapist in four days or less.<sup>2</sup> And starting 1/1/2018, employees will be able to visit with a psychiatrist by appointment for medication management support.3

Also, as part of your Employee Assistance program (EAP), employees can visit with a licensed therapist at no extra cost using LiveHealth Online.

**LiveHealth Online helps** your employees feel better faster

**Encouraging early registration** will lead employees to use LiveHealth Online in their time of need. In fact 30% of people who register go on to have a visit within the same year 4.

Use the LiveHealth Online **Quick Start Guide to access** our 3 step promotion plan!





<sup>1</sup> Prescription availability is defined by physician judgment.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross.
Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services

<sup>1</sup> rescription and among is belief to by injustion judgment.
2 Appointments subject to availability of a therapist.
3 Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.
4 Based on LiveHealth Online utilization trends from top 10 national clients.