

# **UnitedHealthcare's Focus Plan.**

California Effective January 1, 2019



# A well-rounded health plan should have the programs, resources and tools that people need to live healthier lives.

That's why UnitedHealthcare Focus<sup>1</sup> comes with health and wellness features that support members, as well as the physicians who care for them.

Designed for simplicity and savings, Focus is a new health maintenance organization (HMO) plan that provides the same level of coverage as our traditional HMO plans, but at a lower cost. The difference is in the refined local network: a narrower network designed to help keep costs in check.

#### **Refined network.**

The Focus plan utilizes a distinct subset of UnitedHealthcare of California's full HMO network and provides access to select local physicians and specialists. These physicians coordinate care and work with their patients to help them manage to their health and health care costs.

#### Flexibility.

The Focus plan features preferred local provider systems and local community hospitals at significant savings compared to the more broad network offering. And, because the Focus network is a subset of the more broad UnitedHealthcare network, employers can take advantage of the savings for their local employee population while having the option to wrap or pair the Focus network with additional UnitedHealthcare plans to meet the health care needs of all employees, inside or outside the Focus plan area.

#### How the plan works.

Members must select a primary care physician (PCP) from the Focus network, who coordinates care with other physicians and specialists in the network.

### Wellness programs that encourage members' participation.

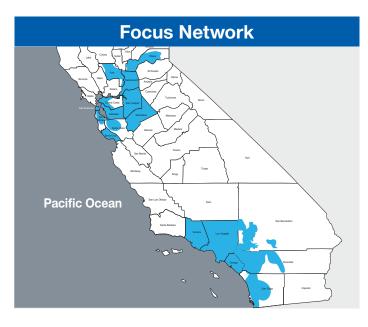
We believe that wellness programs in the workplace could potentially save employers money. When employees learn how to make good decisions for their health, everyone wins.

- UnitedHealth Wellness®.
- Fitness reimbursement program.
- Biometric screenings and coaching.
- Health discount program.
- Preventive care services.
- Member online portal.

#### Focus plan offers:

- Access to PCPs and health care professionals at well-known medical group facilities.
- Preventive care checkups at no additional cost.
- PCP-coordinated care.
- HMO plans.
- Wellness programs and treatment decision support.

The Focus product offers employers a number of favorable premium and benefit options designed to provide members with the health coverage they want and need at a more predictable and lower cost.



Focus Service Area

Focus is available in Alameda, Contra Costa, Los Angeles, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Barbara, Santa Clara, Santa Cruz, Stanislaus, Ventura and Yolo counties.

## **Focus Participating Medical Groups<sup>2</sup>**

Group Name	DEC #
Alameda County	
Hill Physicians/East Bay	005245
Contra Costa County	
Hill Physicians/East Bay	005245
Los Angeles County	
Access Medical Group Inc.	010246
Access Santa Monica IPA	025517
Allied Pacific of California IPA	012244
AltaMed Los Angeles County IPA	028951
AltaMed Medical Group	028928
AppleCare Medical Group/Downey Region	015967
AppleCare Medical Group/Select Region	025327
AppleCare Medical Group/St. Francis	014692
Exceptional Care Medical Group	017465
Exceptional Care Medical Group	021250
Healthcare Partners Bixby Knolls	028435
Healthcare Partners IPA Arcadia	028404
Healthcare Partners IPA East Los Angeles	028399
Healthcare Partners IPA East West	028411
Healthcare Partners IPA Glendale	028401
Healthcare Partners IPA Little Company of Mary	028436
Healthcare Partners IPA Los Angeles	028393
Healthcare Partners IPA Long Beach	028454
Healthcare Partners IPA Montebello	028388
Healthcare Partners IPA Pasadena	028410
Healthcare Partners IPA San Fernando Valley	028423
Healthcare Partners IPA San Fernando Valley West	028460
Healthcare Partners IPA South Bay	028417
Healthcare Partners Medical Group	028459

Group Name	DEC #
Healthcare Partners Medical Group	028391
Healthcare Partners Medical Group Long Beach	028455
Healthcare Partners Medical Group Northridge	028416
Healthcare Partners Medical Group Pasadena Main	028391
Healthcare Partners Medical Group San Fernando Holy Cross	028440
Healthcare Partners Medical Group San Fernando Northridge	028442
Healthcare Partners Medical Group Santa Anita	028764
Healthcare Partners Medical Group South Bay	028403
Healthcare Partners Medical Group Talbert Los Angeles	028463
Healthcare Partners Medical Group Valencia	028414
Korean American Medical Group	019863
Magan Medical Clinic/Healthcare Partners Affiliated Provider Network	028445
Monarch Long Beach	027882
Omnicare Medical Group	014498
Physician Associates IPA/Healthcare Partners Citrus	028428
Physician Associates IPA/Healthcare Partners Glendale	028437
Physician Associates IPA/Healthcare Partners Huntington	028434
Physician Associates IPA/Healthcare Partners Methodist	028451
Physician Associates IPA/Healthcare Partners San Dimas	028419
Physician Associates IPA/Healthcare Partners San Gabriel	028422
Pioneer Provider Network A Medical Group Inc.	015848
Premier Physicians Network/San Fernando Valley	020614
Prudent Medical Group	022732
Seoul Medical Group Inc.	019881
St. Vincent Medical Group IPA	014697
Torrance Hospital IPA	026488
Orange County	
AltaMed Medical Group	028928
AltaMed Orange County IPA	029116
American Vietnamese (AMVI)	
	012130
Daehan Prospect Medical Group	027362
Daehan Prospect Medical Group Family Choice Medical Group	027362 019394
Daehan Prospect Medical Group Family Choice Medical Group HCP Arta	027362 019394 029878
Daehan Prospect Medical Group Family Choice Medical Group HCP Arta Healthcare Partners IPA South Coast	027362 019394 029878 028461
Daehan Prospect Medical Group Family Choice Medical Group HCP Arta Healthcare Partners IPA South Coast Healthcare Partners Medical Group Talbert Orange County	027362 019394 029878 028461 028427
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County	027362 019394 029878 028461 028427 014905
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA	027362 019394 029878 028461 028427 014905 016335
Daehan Prospect Medical GroupFamily Choice Medical GroupHCP ArtaHealthcare Partners IPA South CoastHealthcare Partners Medical Group Talbert Orange CountyMonarch/Orange CountyNoble AMA IPAProspect Gateway Medical Group	027362 019394 029878 028461 028427 014905 016335 014548
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Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group	027362 019394 029878 028461 028427 014905 016335 014548 014548 014904 017597 008631 011567
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631
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Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Genesis Healthcare   Prospect Medical Group/Huntington   Prospect Northwest Orange County Medical Group   Riverside County   Empire Physicians Medical Group Inc.   Hemet Community Medical Group	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586
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Daehan Prospect Medical GroupFamily Choice Medical GroupHCP ArtaHealthcare Partners IPA South CoastHealthcare Partners Medical Group Talbert Orange CountyMonarch/Orange CountyNoble AMA IPAProspect Gateway Medical GroupProspect Genesis HealthcareProspect Medical Group/HuntingtonProspect Northwest Orange County Medical GroupProspect Northwest Orange County Medical GroupProspect Northwest Orange County Medical Group/AnaheimSeoul Medical GroupEmpire Physicians Medical Group Inc.Hemet Community Medical GroupPrimeCare/Citrus ValleyPrimeCare/Corona	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586
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Daehan Prospect Medical GroupFamily Choice Medical GroupHCP ArtaHealthcare Partners IPA South CoastHealthcare Partners Medical Group Talbert Orange CountyMonarch/Orange CountyNoble AMA IPAProspect Gateway Medical GroupProspect Genesis HealthcareProspect Medical Group/HuntingtonProspect Northwest Orange County Medical GroupProspect Northwest Orange County Medical GroupProspect Northwest Orange County Medical Group/AnaheimSeoul Medical GroupEmpire Physicians Medical Group Inc.Hemet Community Medical GroupPrimeCare/Citrus ValleyPrimeCare/Corona	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586 021243 005232 009023
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Medical Group/Huntington   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group   Empire Physicians Medical Group Inc.   Hemet Community Medical Group   PrimeCare/Citrus Valley   PrimerCare/Hemet Valley   PrimeCare/Moreno Valley	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586 021243 005232 009023 003111
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group   Riverside County   Empire Physicians Medical Group Inc.   Hemet Community Medical Group   PrimeCare/Citrus Valley   PrimeCare/Moreno Valley   PrimeCare/Riverside	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586 021243 005232 009023 003111 008331
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Medical Group/Huntington   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group   Riverside County   Empire Physicians Medical Group Inc.   Hemet Community Medical Group   PrimeCare/Citrus Valley   PrimeCare/Moreno Valley   PrimeCare/Riverside   PrimeCare/Sun City	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586 021243 005232 009023 003111 008331 004140
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Medical Group/Huntington   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group   Riverside County   Empire Physicians Medical Group Inc.   Hemet Community Medical Group   PrimeCare/Citrus Valley   PrimeCare/Hemet Valley   PrimeCare/Hemet Valley   PrimeCare/Riverside   PrimeCare/Sun City   PrimeCare/Temecula	027362 019394 029878 028461 028427 014905 016335 014548 014548 014904 017597 008631 011567 029550 018657 014586 021243 005232 009023 003111 008331 004140 006657
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Medical Group/Huntington   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group   Riverside County   Empire Physicians Medical Group Inc.   Hemet Community Medical Group   PrimeCare/Citrus Valley   PrimeCare/Hemet Valley   PrimeCare/Moreno Valley   PrimeCare/Sun City   PrimeCare/Temecula   Prospect Medical Group/Corona	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 018657 014586 021243 005232 009023 003111 008331 004140 006657 017807
Daehan Prospect Medical Group   Family Choice Medical Group   HCP Arta   Healthcare Partners IPA South Coast   Healthcare Partners Medical Group Talbert Orange County   Monarch/Orange County   Noble AMA IPA   Prospect Gateway Medical Group   Prospect Genesis Healthcare   Prospect Medical Group/Huntington   Prospect Northwest Orange County Medical Group   Prospect Northwest Orange County Medical Group/Anaheim   Seoul Medical Group   Riverside County   Empire Physicians Medical Group Inc.   Hemet Community Medical Group   PrimeCare/Citrus Valley   PrimeCare/Hemet Valley   PrimeCare/Moreno Valley   PrimeCare/Sun City   PrimeCare/Temecula   Prospect Medical Group/Corona	027362 019394 029878 028461 028427 014905 016335 014548 014904 017597 008631 011567 029550 0 018657 014586 021243 005232 009023 003111 008331 004140 006657 017807 021941

Group Name	DEC #
Placer County	
Hill Physicians/Auburn	015643
Hill Physicians/Sacramento	005206
Sacramento County	
Hill Physicians/Auburn	015643
Hill Physicians/Sacramento	005206
Mercy Medical Group	014608
San Bernardino County	
Alliance Desert Physicians Medical Group	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Choice Medical Group	004800
Choice Medical Group/Barstow	021837
Desert Valley Medical Group	027411
Pinnacle Medical Group	027850
Pinnacle Medical Group	013670
PrimeCare/San Bernardino	019383
PrimeCare/Inland Valley	006045
PrimeCare/Redlands	001026
Redlands-Yucaipa Medical Group	027828
San Diego County	
Cassidy Medical Group/PCAMG	014748
Greater Tri-Cities IPA Medical	014889
Mid County Physicians Medical Group	024783
Primary Care Associates Medical Group/Encinitas	016223
Primary Care Associates Medical Group	006039
Rady Children's Health Network	028561
SCMG Arch Health Partners	028360
Sharp Community Medical Group/Graybill North Coastal	025448
Sharp Community Medical Group/Graybill	015882
Sharp Community Medical Group/Inland North	014174

Group Name	DEC #
San Francisco County	
Asian American Medical Group	029717
San Joaquin County	
Hill Physicians/Manteca	019219
Hill Physicians/Stockton	019217
Omni IPA Inc./Lodi	014997
Omni IPA Inc./Stockton	014990
San Mateo County	
Sequoia Physician Network	024257
Santa Barbara County	
Physicians Choice Medical Group/Santa Maria	026234
Santa Barbara Select IPA	014349
Santa Clara County	
Physicians Medical Group/San Jose	004197
Verity Medical Foundation	026688
Santa Cruz County	
Dignity Health Medical Foundation	030474
Physicians Medical Group/Santa Cruz County	005181
Stanislaus County	
Allcare IPA	018580
Ventura County	
Valley Care IPA	029573
Valley Care Select IPA/West County	029572
Yolo County	
Woodland Clinic Medical Group	005258

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Contact your UnitedHealthcare representative for more information.



<sup>1</sup> Formal HMO product name: UnitedHealthcare SignatureValue® Focus.

<sup>2</sup> When the Focus network is offered alongside other UnitedHealthcare products or HMO network options, members will find that their direct costs are lower than the other choices available in, at least one, and possibly all of the following ways: (1) member premium contribution, (2) member cost share per visit, or (3) out-of-pocket maximums.

UnitedHealth Wellness® is a collection of programs and services offered to UnitedHealthcare enrollees to help them stay healthy. It is not intended to be medical advice or a substitute for your doctor's care. It is not an insurance product but is offered to existing enrollees of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to encourage their participation in wellness programs. Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. Some UnitedHealth Wellness programs and services may not be available in all states or for all group sizes. Components subject to change.

Disclosure: The Health Discount Program is administered by HealthAllies<sup>®</sup>, Inc., a discount medical plan organization. The Health Discount Program is NOT insurance. The discount program provides discounts at certain health care providers for medical services. The discount program does not make payments directly to the providers of medical services. The discount program member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization. HealthAllies, Inc. is located at PO. Box 10340, Glendale, CA, 91209, 1-800-860-8773, www.unitedhealthallies.com, ohacustomercare@optumhealth.com. The health discount program is offered to existing members of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to provide specific discounts and to encourage participation in wellness programs. Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. UnitedHealthcare does not endorse or guarantee health products/services available through the discount program. This program may not be available in all states or for all groups. Components subject to charge.

The health care reform law requires the coverage of certain preventive services, based on your age, gender and other health factors, with no cost-sharing. The preventive care services covered are those preventive services specified in the health factors with no cost-sharing. The preventive care services covered are those preventive services specified in the health care reform law. UnitedHealthcare also covers other routine services, which may require a copayment, coinsurance or deductible. Always refer to your plan documents for your specific coverage. Health plan coverage provided by or through UHC of California. Administrative services provided by United HealthCare Services, Inc., OptumRx® or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC) or United Behavioral Health (UBH).

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