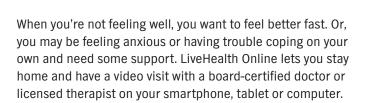
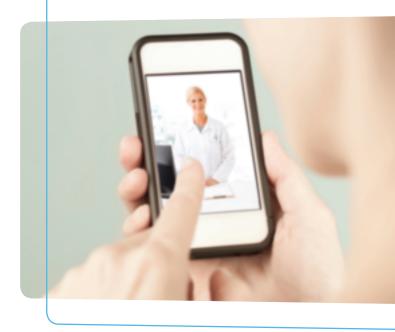
At home or on the go, see a doctor or therapist

Using LiveHealth Online, you can have a private video visit on your smartphone, tablet or computer.



By using LiveHealth Online, you can

- See a board-certified doctor in a few minutes with no **appointment.** Doctors are available 24/7 to assess your condition and, if it's needed, they can send a prescription to your local pharmacy. When your own doctor isn't available, use LiveHealth Online if you have pinkeye, a cold, the flu, a fever, allergies, a sinus infection or another common health condition.
- Use your Employee Assistance Program (EAP) to see a therapist at no extra cost. With Employee Assistance Program, you can talk privately with a licensed therapist using LiveHealth Online. Just call 800-865-1044 to get your coupon code and details to make your first appointment.
- Make an appointment with a licensed therapist in four days or less.² You can have a video visit with a therapist from home, at work or on the go — evenings and weekend appointments are available too. Appointments can be scheduled online or over the phone at 1-888-548-3432 from 7 a.m. to 7 p.m., seven days a week. You can get help for anxiety, depression, grief, panic attacks and more.



What will a visit cost?

Your Anthem plan includes benefits for video visits using LiveHealth Online, so you'll just pay your share of the costs usually 3 Visits Free!* for medical doctor visits, and a 45minute therapy session usually costs the same as an office therapy visits. If you use your EAP benefit for counseling visits, there's no charge.

*Only 2019 plans include the first 3 visits for FREE for non-HSA plans. After 3 visits, copay will be lower than PCP with a maximum of \$20.

Bronze Plan members can take advantage of 3 FREE visits! After the 3rd FREE visit, the max copay will be \$20 for a LiveHealth Online visit.

Sign up for LiveHealth Online today - it's quick and easy

Go to livehealthonline.com or download the app and register on your phone or tablet.





See a Spanish-speaking doctor with Cuidado Médico on LiveHealth Online





